

FENG SHUI for HOME

and

Overall Theme of the Year

Fire is strongest energy this year.

Fire energy on duty from 2024 to 2043 but this year is strongest.

Fire accidents, volcanic energy, wildfires, earthquakes and floods, tsunamis can happen and watch home for fire accidents. **Check stove, candles, fireplaces** when you go out.

Economic landscape – potential financial crisis as there is more scamming and fraud but you stay calm and invest with experts and people you trust. Also, creativity and innovation are very strong. New model of world power is happening. Geo-political activities throughout the entire world.

Rare **60**-year cycle to transform your destiny. Great opportunity to change your fate. I share a chant for this year below. [We also have had the 7-day chanting with Tibetan monks.](#)

Everyday calmness: Take three deep breaths through your lower dantian before you over-react.

More important with fire energy on duty it is good to do **feng shui for your home.**

Master Lin from Spring Forest Qigong – Home Energy Forecast (2026)

This year offers a powerful opportunity for **family reorganization, harmony, and destiny change**. Relationships can come together in a more balanced way if responsibility and awareness are consciously applied.

Authority within the home is emphasized this year. Traditionally, this relates to **parents, elders, or the eldest children**, who may naturally take on greater responsibility to stabilize and guide the family energy.

This is also described as **the most important year in 60 years** for cleansing karma—ancestral, personal, and even past-life imprints.

FENG SHUI TIPS BELOW FOR YEAR 2026. CAN START FEB 4TH

Northwest (Father / Authority / Leadership)

Theme: Weak energy, health concerns, authority challenges

- Represents the **father, grandfather, leadership, and authority.**
- Energy is weaker this year, especially affecting **health.**
- Recommended actions:
 - Pay close attention to health: good diet, exercise, rest.
 - Maintain a calm, positive attitude.
 - Balance this area to avoid feeling lost or unsupported mid-year.

Enhancements to do:

- Best: Wrapped crystal ball designed for this area.
 - Better: **Large green plants (big leaves)** in this area .
 - You may use **both** for stronger support.
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North (Destiny, Protection, Kidney Energy)

Theme: Fate change, protection, vitality

- This is a once-in-60-years opportunity to **change destiny** and cleanse karmic patterns.
- Supports clearing:
 - Ancestral karma
 - Personal karma
 - Past-life imprints

Enhancement:

- **Use a vase with water and 8 pennies in this area.**
- Or: **black crystal ball** with a **water hexagram.**

- Water represents **kidney energy**, vitality, and life force.
- Strengthening this area supports:
 - Personal energy
 - Protection during travel
 - Greater resilience in the world

Hexagram insight:

- Gazing at the hexagram can shift brain waves.
- Helps connect to universal and divine support.
- Attracts protective and supportive energies.

Northeast (Extra Income, Second Job)

Theme: Opportunity, expansion, youngest son

- Very favorable energy for:
 - Second jobs
 - Side income
 - Additional opportunities beyond your main work
- A good place to sit when making decisions about expansion or new ventures.
- Enhancements: **Gold crystal ball or flower here**

East (Stability, Health, Prosperity)

Theme: Stable growth, wise decisions,

- One of the **most stable energy areas** this year.
- Supports:
 - Health
 - Prosperity
 - Relationships

- Especially good for:
 - Meditation
 - Healing practices
 - Business or investment decisions

Important:

- Avoid construction here if possible.
- If construction is unavoidable:
 - Before Feb 4, dig a small hole in the ground.
 - Announce: *“Construction starts today.”*

Enhancement:

- **Use red painting or red rug here.**
- Use a **green crystal ball** to amplify prosperity energy.

Southeast (Romance, Prosperity, Fertility)

Theme: Love, happiness, abundance

- Excellent energy for:
 - Relationships
 - Romance
 - Prosperity
 - Conception and healthy children

Enhancement:

- **Green plant in southeast area**
- Use a **pink crystal ball** with hexagram. Supports emotional harmony, love, and joyful growth.

South (Illness, Healing Challenges)

Theme: Weakened immune response

- Energy here may contribute to:
 - Cold, flu, viruses lingering longer in the body
- Avoid using this area for healing or recovery if possible.

If healing room is already here:

- Shift healing activities to the **East or center** when possible.
 - Awareness alone helps neutralize negative effects.
 - Enhancements: **Green plant with big leaves here** or **red crystal**
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Southwest (Mother / Blood Health)

Theme: Blood-related health, protection

- Represents the **mother** and maternal energy.
- This year requires attention to:
 - Blood health
 - Injury prevention

Balancing cures:

- Best: **Yellow crystal ball**
 - **Vase of water with 8 pennies**
 - Also helpful:
 - Yellow crystal and women can wear yellow crystal bracelet
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West (Financial Challenges, Loss Prevention)

Theme: Financial risk, scams, instability, youngest daughter

- Energy not favorable for prosperity.
- Possible issues:
 - Unexpected money loss

- Scams
- Poor financial decisions

Recommendations:

- Avoid making financial decisions in this area.
- Sit instead in:
 - Center
 - East
 - Northeast

Balancing cures:

- Use **red energy**:
 - Red crystal
 - **Red vase**
 - Red artwork placed low or on the floor
- This helps suppress negative financial energy.

Center of Home (Spiritual Authority, Balance)

Theme: Core stability, growth, healing, best energy

- Represents the **authority of the year**.
- Supports:
 - Spiritual growth
 - Healing
 - Prosperity

Enhancement:

- Best: **Yellow or gold crystal ball**
- Also helpful:
 - Plants in centre
 - Earth elements – yellow color or crystals

Qigong & Practice Guidance

Best places to practice Qigong:

- Center
- Northeast
- East
- Southeast

Best facing direction:

- East or Southeast

Before practice:

- Make a clear prayer or intention:
 - Ask for support
 - Name what you are healing or cultivating

Crystal balls and hexagrams help attract supportive universal energy during practice.

February 4 – New Year Activation Ritual

Prosperity Activation

- On **Feb 4, 10:00 PM (local time)** or before **9:00 AM**:
 - Deposit **\$168 or \$1683** (symbolic numbers for abundance).
 - Best done with a trusted partner exchanging deposits.

Welcoming the New Year Energy

- On Feb 4 morning:
 - Walk out your front door facing East.
 - Take a short walk (or visualize if weather prevents).
 - Invite the new year's energy into your life.
 - Burn incense if possible.

Chant for Transformation – can say this to clear negative karma

Chant: “**ER HER ER HERE AR OU HERE**”

<https://youtu.be/PGKqJ2acxik?si=SZh5WDmBhZSvohG9>

- **49 times** – transformation and clearing
 - **108 times** – prosperity and clearing worries
 - Chant aloud until vibration is felt.
 - Then continue silently if desired.
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Core Teaching

- When big changes happen **be in unconditional love**.
- Hold kindness, humility, and gratitude.
- Smile often.
- Do not be greedy.
- Practice qigong, small universe meditation or simple visualization.

Unconditional love is the greatest protection.

Closing Blessing

This year offers rare potential for deep healing, protection, prosperity, and spiritual growth—for you, your children, and future generations.

“May the Forest be with you.”